



## **Post Commanders Message**

As we continue our efforts in helping Veterans and their families, I would like to welcome the New Year "2011" with a thank you note to all of you for your continuing support and contributions for this great organization.

In spite of all the trials that we've encountered thus far, I believe we are moving in the right direction to achieve our goals. It's an everlasting venture so let's all continue moving forward facing new challenges that we may encounter tomorrow.

We have a new junior vice commander in the Post. Let's all welcome comrade Don Key to his new position and please assist him in his efforts to accomplish his mission for the duration of this term.

With our Chaplain Pat Darst recovering at home with his medical issues, we need to elect a new chaplain. If anybody is interested in this position, please contact me or someone at the Post and leave

your name and contact information. We value your support and it will be greatly appreciated. Pat, we all miss you and are praying for your fast recovery.

Post Sr. Vice Commander Don Schmidt and our Ladies' Auxiliary's Twylla McAlpine are also at home and recovering from their recent surgeries. They are both coping with pain but doing well. Let's all lift them up in our prayers for a fast recovery.

*In Memoriam:* As many of you know by now, comrade Lealand W. McDougal has passed away. With his passing, we've lost a good member of our post who was a past post commander (twice), a member of the Honor Guard, a husband, father, grandfather, and a dear friend to many of us. Our thoughts and prayers go out to his wife Perci and the family as they cope with the lost of "Lee."

In comradeship,  
**John Sentino, Commander**

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## **Senior Vice Commander Message**

As Post Commander Sentino mentions above, the post experienced many "trials" during 2010. As a relatively new member of the Post, the year was an interesting one for me as I fulfilled my official positions as first junior vice and then senior vice commander. My observations over the past 12 months are that we as an organization accomplish a great deal in support of our veterans and our community.

From participation in Veterans and Memorial Day activities to volunteering at the VA Hospital, to support of the American Cancer Society's Relay for Life at the Renton (Wash.) fundraising event, to youth scholarship program support and countless hours spent by the Post Honor Guard raising awareness of patriotism and the sacrifice of our veterans, those members of our Post and Auxiliaries who have supported these efforts and others can be proud of their contributions. Thank you for all you've done in 2010.

It is my hope that as we embark upon our mission in 2011, that even more members than the relatively few who have accomplished so much in 2010 will elect to become more involved in Post activities. Frankly, it puzzles me as to why so many members in good standing do not show up to meetings or participate in events that are so important to our veterans and to our community.

For example, although Post and Auxiliary membership numbers in the hundreds, relatively few – usually about a dozen – show up for Post meetings and it is usually those same members who actively support the many important community and veteran events and programs we have taken on as part of our Post mission.

Can you imagine the positive difference we could make if each of us would commit to participate in at least one volunteer event and just a few meetings each year? The benefits to our veterans would be significant. So, if you haven't been to a Post meeting in a while, I invite you to come on out and get involved – we need you!

Finally, I want to thank and acknowledge you for your support through many changes over the past year. We experienced some challenging organizational issues and several abrupt leadership changes, including the sudden resignations of a Post commander and a Ladies Auxiliary president. As with any change of this magnitude, there were often stressful times, much uncertainty and certainly some lively debate among members.

The bottom line is that many members stepped up to the challenges before them in 2010 and kept the organization viable, enabling us to continue to support to our veterans. Thanks to all who dis -



## Veterans of Foreign Wars of the United States

Frank R. Vaise Post 1263  
Renton, Washington

January/February, 2011

All American Post  
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played such tremendous commitment to to our mission as we navigated through some "rough waters" last year.

In closing, I want to share with you an important reminder that a dedicated member of our Ladies Auxiliary shared with me last month. As we join together to embrace the challenges of 2011, it is important that we reflect and maintain our focus on our higher calling to "...not let petty jealousies or trivi-

*al personalities influence our deliberations. Let us uphold always the obligations of unselfish comradeship and loyalty to our organization and to the government of the United States of America."*

Together, we make a difference.

Happy New Year!

Don Schmidt, Senior Vice Commander  
[mindsurge@q.com](mailto:mindsurge@q.com)

### Post Quartermaster Message

As 2010 comes to an end, the Post's financial position is much better than it was last year. Thanks to Cmdr. John Sentino's efforts and to all of you who helped him, the Buddy Poppy donations were very successful. We raised more than \$2,000 for the relief fund.

Even though our overall income is down for 2010, our profit is higher than 2009. This is mainly due to the fact that in 2009, we had substantial building maintenance expenses that we did not have in 2010.

I encourage anyone who has not renewed their membership for 2011 to do so as soon as possible.

I want to wish you and your families a Happy New Year.

In Comradeship,  
Dan Hansen, Quartermaster



### Ladies Aux Presidents Message

I would like to thank all of the ladies that have supported, encouraged and voted for me to be your president for the balance of the year. I will do my best to lead us in the direction we would like to see our Auxiliary head and represent each and every one of you in the community in a gracious and giving way.

Please, as we enter the New Year, try to make supporting your VFW through volunteering with breakfasts, dinners, meat raffles, hospital visits and various other venues we assist with throughout the year, a **priority**. We need **YOU** to be successful and encourage you to come to our meetings and join us as we work for our Veterans of Foreign Wars causes!

United By Love For Our Veterans and Country,  
Barbie Sentino, President  
[BSentino@Yahoo.com](mailto:BSentino@Yahoo.com)

### Ladies Auxiliary Senior Vice Commander Message

Here's hoping everyone had a very Merry Christmas and a Happy New Year.

I would like to thank all the wonderful people who donated food, money and help with the Free Thanksgiving Dinner. We only had about 45-50 people (I think the weather kept people away). Everyone that wanted to took plenty of food home with them.

I want to thank everyone who helped in the kitchen and those who set up the tables etc. All their help was invaluable. To those who donated food and money -THANK YOU very much. Without your donations we would not have been able to have a Free Thanksgiving Dinner.

Please everyone be sure to check your calendar for all upcoming events in 2011.

Also, if you have not yet paid your dues please be sure to send them in. As of Jan. 1, if you have not paid you are not a member in good standing.

Now, speaking as your Community Service chairman, please get your hours, money and miles in to me by the first of each month. Your time is valuable to our Post. If in doubt of what to report, report it anyway and I will decide if we can use it. Remember, we do not report as individuals, but rather as a group. So, for those of you who do not want to be singled out, there's no need to worry. No names are used.

Loyally  
Cassie Babcock, Sr. Vice Commander



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### Americanism

I cannot thank you all enough for the incredible generosity you showed in your financial support for the Big Blue Patriotic Basket that was raffled off in December. Because of you, as of this writing, over \$400.00 was raised and will be divided between two very worthwhile projects this basket raised money for -- the Fallen Soldier Banner Project and the Michael Reagan Portrait Project! Please continue to submit yourselves, friends and neighbors and any local businesses you see flying the American Flag for the "Patriotic Citizen Certificates" that we are issuing through the Ladies Auxiliary. Applications are available in the Post foyer and also a link has been added on the Post Web Site at [www.VFW1263.com](http://www.VFW1263.com). The reactions to the certificates that have already been issued have brought tears, joy and laughter to the recipients who have, in many cases, been moved and shocked that they were acknowledged.

God Bless America,  
Barbie Sentino, President, Ladies Auxiliary

### A Big, Big Thank You!

Many, many thanks to all those who made, signed and/or stuffed the over 800 Christmas cards, (200 of them had buddy poppies inside as well) that were taken to the Seattle VA Hospital to be distributed to Veterans during the 2010 Holiday Season and as well as the 25 cards that went to the SeaTac USO and were distributed to troops passing through on their travels!

#### MUSIC FOR JANUARY

JAN. 7 - LAUREN PETRIE  
JAN. 9 - KARAOKE  
JAN. 14 - LAUREN PETRIE  
JAN. 21 - MARK STERN  
JAN. 28 - BEAT & FEET

MUSIC FOR FEBRUARY  
FEB. 4 - LAUREN PETRIE  
FEB. 11 - LAUREN PETRIE  
FEB. 13 - KARAOKE  
FEB. 18 - MARK STERN  
FEB. 25 - BEAT & FEET

### Volunteers Needed to Continue Post Food Events

We need volunteers to help cook meals on Wednesdays. We have a "Jam Session" group every Wednesday and usually serve 30 to 40 meals. We need a person to cook/serve and a person to take payment for the meals. Usually the Mens Auxiliary cooks two Wednesdays and the Ladies Auxiliary cooks two Wednesdays.

We also need volunteers to help cook hamburgers on Fridays from 5:30 to 7:30 and help the first Sunday of each month with breakfast. For the breakfasts, we need two cooks, one on the grill and the other to do eggs and pancakes, a person to make toast, a person to serve the meal to the tables and a person to take the orders and collect the money. Breakfast is from 9 a.m. to 11:30 a.m.

The canteen also needs help with tacos on Tuesdays to prepare food, cook, serve and clean up. Without volunteers to help at these events, we may have to discontinue some of them. The people that have been volunteering and supporting these events are getting burned out.

We need help. If we can get enough people, volunteers would only have to help maybe once a month. We are open to suggestions for meals. A meeting concerning this subject will be held Tuesday, Jan. 25, 2011, at 6 p.m. Please mark your calendar and attend this meeting. We need your input.

Thank you,  
Vicky Bourland, Jr. Vice, Ladies Auxiliary



# JANUARY

2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																			
						<b>1</b> New Year's Day																																																																																			
<b>2</b> MOC/MOCA 1 p.m.	<b>3</b> Pool league away game	<b>4</b> Canteen - Food	<b>5</b> Mens Auxiliary Cooking 5:30 p.m.	<b>6</b> Ladies Auxiliary Meeting 7 p.m.	<b>7</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>8</b>																																																																																			
<b>9</b> Breakfast 9-11:30 a.m. Karaoke 6:30 p.m.	<b>10</b> Pool league away game	<b>11</b> Canteen - Food	<b>12</b> Mens Auxiliary Cooking 5:30 p.m.	<b>13</b> Post Meeting 7:30 p.m. Mens Auxiliary Meeting 7 p.m.	<b>14</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>15</b>																																																																																			
<b>16</b> Essay Party - 2 p.m. Cake, juice & coffee	<b>17</b> <b>ML King Day</b> Pool league home game	<b>18</b> Canteen - Food	<b>19</b> Ladies Auxiliary Cooking 5:30 p.m.	<b>20</b>	<b>21</b> Meat raffle Mid-Winter Yakima Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>22</b> Mid-Winter Yakima																																																																																			
<b>23</b>	<b>24</b> Pool league away game	<b>25</b> Canteen - Food	<b>26</b> Ladies Auxiliary Cooking 5:30 p.m.	<b>27</b> <b>Commemorative Day - 1973 Signing of Vietnam Peace Accord</b> Club Committee 6:30 p.m. Post Meeting 7:30 p.m.	<b>28</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>29</b>																																																																																			
<b>30</b> Kitchen cleaning 10 a.m. (pizzas for the workers)	<b>31</b> Pool league away game	<p><b>December 2010</b></p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td></td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> </tr> </tbody> </table>		S	M	T	W	Th	F	Sa			1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		<p><b>February 2011</b></p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		S	M	T	W	Th	F	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
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# FEBRUARY

## 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Canteen Food	<b>2</b> <b>Groundhog Day</b> Mens Auxiliary Cooking 5:30 p.m.	<b>3</b> Ladies Auxiliary Meeting 7 p.m.	<b>4</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>5</b>
<b>6</b> MOC/MOCA 1 p.m. Breakfast 9-11:30 a.m.	<b>7</b> Pool league home game	<b>8</b> Canteen Food	<b>9</b> Mens Auxiliary Cooking 5:30 p.m.	<b>10</b> Mens Auxiliary Meeting 7 p.m.	<b>11</b> Cancer dinner 5 p.m. Meat raffle Music at 7:30 p.m.	<b>12</b> <b>Lincoln's B-Day</b> Dist. 11 mtng w/lunch after w/Diane Small visit
<b>13</b> Karaoke - 6:30 p.m.	<b>14</b> <b>Valentines Day</b>	<b>15</b> <b>Commemorative Day - 1898 Sinking of USS Maine</b> Canteen Food	<b>16</b> Ladies Auxiliary Cooking 5:30 p.m. <i>Deadline for Mar/Apr newsletter input</i>	<b>17</b>	<b>18</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>19</b>
<b>20</b>	<b>21</b> <b>President's Day</b> Pool league away game	<b>22</b> VA Bingo - 5:30 p.m. Canteen Food	<b>23</b> Ladies Auxiliary Cooking 5:30 p.m.	<b>24</b> Club Committee 6:30 p.m. Post Meeting 7:30 p.m.	<b>25</b> Meat raffle Burgers 5:30-7:00 p.m. Music at 7:30 p.m.	<b>26</b>
<b>27</b>	<b>28</b> Pool league home game					

January 2011

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March 2011

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